Express Scripts

# Make sure your prescription benefits truly benefit you

Use this flyer during your next doctor visit to collaborate and find ways to stress less and save more.

Ask your doctor to connect to the Real-Time Prescription Benefit portal. This will let them connect to your benefit so they can check for the most affordable pricing for you and help avoid a coverage review like prior authorization.

Then ask your doctor these three questions to help maximize your savings:

# Am I getting the right medication?

Before your doctor sends your prescription, check pricing on express-scripts.com. A less costly, just as effective option could be available that you can request instead—usually a FDAapproved generic form of a brand-name medication. If the medication requires a coverage review like a prior

authorization, ask your doctor if there's an alternative medication they can prescribe.

### Am I getting the right days' supply?

When your doctor gives you a prescription, ask if it's available in a larger 3-month quantity—or go online to increase the quantity for a current prescription. Typically, one 3-month supply costs less than three 1-month supplies of long-term medications a person may take over a sustained period of time, like high blood pressure medications.

### Am I getting the right pharmacy?

Know which pharmacies are in your network, then request any prescriptions be sent there to be filled. Sending your prescription to Express Scripts Pharmacy by Evernorth<sup>®</sup> for home delivery may save you the most.

Express Scripts

By accessing the Real-Time Prescription Benefit portal, your doctor will get a better look into the best medication for you right from the start, including details like below:

# What you'll pay after meeting your deductible

	Home delivery from Express Scripts Pharmacy	Retail pharmacy (in network)
Generics	\$20	\$10
Preferred brands	\$80	\$40
Non preferred brands (no generic)	\$150	\$75
Non preferred brands (generics available)	\$150	\$75*

\*Penalties may be applied when filling "brand-name" medications when a generic equivalent is available

Your plan has an in-network out-of-pocket maximum of \$4,600 for you or \$9,200 for your family.



Or create a personal account at **express-scripts.com** to answer all three questions yourself. It takes just 5 clicks and 2 minutes to create 1 powerful way to save.